

Group Title	Age Group	Information	Court Size	Racket size	Ball size
Rascals Orange	3-4 years	Rascals Orange is the first stage of Rascals Tennis and concentrates on the early development of children's co-ordination along with basic racket and ball skills. These sessions are held in an environment where parents and guardians are encouraged to interact with their children.	12m x 6m - about the same size as a badminton court. The net height is approximately 80cm.	21 inches depending on the size and strength of the player.	Sponge balls.
Rascals Blue	4-6 years	Rascals Blue is very important for building skills and confidence. Children will be introduced to rallying with the emphasis being on fundamental sporting skills such as movement, co-ordination, racket and ball skills and above all else FUN!	12m x 6m - about the same size as a badminton court. The net height is approximately 80cm.	21 -23 inches depending on the size and strength of the player.	Low compression balls.
Rascals Red	6-8 years	Rascals Red introduces children to playing in a larger court area. The specially designed low bounce ball slows the game down to a speed that gives the players time to play good basic tennis shots and have maximum enjoyment playing the game.	18m long or 3/4 the size of a full size tennis court. The net is the same height as a normal tennis net.	23-25 inches depending on the size and strength of the player.	Low compression balls.
Rascals Green	8-10 years	Rascals Green is the final stage of Rascals Tennis before the children move to tennis. The emphasis is on the children playing the game of tennis, rallying consistently and learning to still use good technique with a proper tennis ball.	Full size tennis court.	25-26 inches depending on the size and strength of the player.	Low compression balls/normal tennis balls.